

ARTIST IN RESIDENCE

Sarah Gets Her Sh*t Together

Friday, March 8, 2024 | 8:00 pm
Edward M. Pickman Hall

Samantha Wolf, composition

Curator Note

The majority of my output as a composer has been instrumental chamber music. During graduate school, however, and especially during the pandemic, I started exploring extramusical outlets for my creative impulses, including radio, theatre, comedy, film, movement, and electronics. These activities set the main question I wanted to answer during my Artist Residency at Longy: what does musical theatre look like for me? “Sarah Gets Her Sh*t Together” is the culmination of two years of attempting to answer this question, while delving into one of my favorite pet peeves: wellness culture, and specifically the interaction between wellness culture, sexism, capitalism, and mental ill health. As a survivor of an eating disorder, I have often found myself frustrated with the way that these complex conditions are portrayed and discussed. The game show allegory was inspired by my experiences with these diseases, as stealthy, shape-shifting sirens that lure you into a game you can never win and didn’t want to play in the first place. My hope is that the piece will shed a light on the inner tumult of what is often an invisible, insidious condition.



It's

LONGY SEASON
23-24

Personal

SARAH GETS HER SH*T TOGETHER

(2024)

Samantha Wolf (b. 1990)

Sarah is an ordinary twenty-something: bright, broke, and funemployed. When she unexpectedly lands an interview for her dream job, a wellness influencer drops in to help her become her Ultimate Self™. But not all is as it seems in Sarah's Looksmaxxing journey. Part opera, part musical theatre, and part dystopian game show, Sarah Gets Her Sh*t Together interrogates wellness culture, pretty privilege, and the relentless work behind "effortless" beauty.

Music and Libretto by Samantha Wolf

Sarah: Ruby Abreu

Sissy Farce: Cassie Kollman

Pandora: Charlotte Ensley

Tenor Saxophone: Benjamin Canfield

Piano & Keyboard: Kevin Lubin

Percussion: Sam LaGrego

Bass: Sid Richardson

Visuals and Sound Design: Samantha Wolf

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